



Olenka School of Music

The Home of Music Immersion for Infants to Adults

## **YOGA at Olenka School of Music: Ellicott City**

Strengthen your mind, body, and spirit with Vinyasa Flow Yoga. You will leave feeling calm and energized!

**FALL SESSION 1: Starts 9/26/18 - Join any time!**

- **Adult \$135: 10 CLASSES**
- **Family Yoga Ages 6-10 \$235: 10 CLASSES: Price includes Child & Adult**
- **Drop-In/Trial Class \$15: RSVP in advance to [olenkamusicmaryland@gmail.com](mailto:olenkamusicmaryland@gmail.com)**



### **ADULT YOGA**

**AGES 16 yrs. - Adult / 55m**

All-level class to keep you strong and centered!

**9:15 AM THURSDAYS**

**10-week: 9/27/18 - 12/6/18**



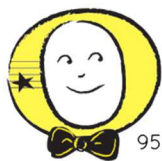
### **FAMILY YOGA**

**Child 6-years and up + Adult**

Explore the benefits of Yoga while connecting as a family.

**7:30 PM WEDNESDAYS**

**10-week: 9/26/18 - 12/5/18**



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